## Services We Offer To Skilled Nursing Facilities

- Oversight of functional patient care
- Patient visits 2-3x/week as needed
- Attendance at weekly Medicare/insurance meetings
- Discussion of safe discharge plans during weekly Medicare meeting
- Attendance during family meetings/care plans as needed
- Consultations for assisted living and long term residents who may benefit from ordering Medicare Part B therapy services
- Support to the primary care team
- Provide in-service education for nursing/therapy team
- Visits and communication with local surgeons, hospitals, clinics and social workers
- Act as a liaison between orthopedic surgeons, therapists, nurses and patients
- Perform joint injections as needed including knees, shoulders, wrist and ankles
- Perform trigger point injections as needed to help reduce pain and pain medication
- Diagnose orthopedic and neuro-muscular conditions
- Manage pain/opioid medications, including weaning as patients approach discharge
- Sign home health and equipment orders for discharges
- Clinical documentation to help support therapy, audits and surveys
- Peer to peer reviews for insurance denials





Integrated Rehab Consultants LLC



## Optimizing post-acute care



IRC is a physician-led physiatry group whose **board-certified doctors** work in concert with skilled nursing facilities' primary care physicians, nurses and therapists to optimize a patient's treatment plan and overall care. As rehabilitation specialists, we help **restore function to patients** with physical and cognitive impairment.

Both patients and families appreciate our physiatrists' exclusive focus on functional **rehabilitation and recovery.** This allows for a patient's quicker, safer return home or to a prior living situation. Facilities appreciate our ability to adhere to and **monitor length of stay guidelines** and manage a higher acuity patient as it relates to rehabilitation. This leads to **more hospital referrals** for sub-acute rehabilitation.

With the U.S. 65+ population expected to more than double by 2050, our physiatrists are uniquely prepared for today's healthcare climate in which payers are cutting costs and increasingly discharging patients to skilled nursing facilities for post-acute care.

We are the largest group of physiatrists in the country with **more than 90% of our patients in skilled nursing facilities.** Serving the growing need for more rehab and pain management in post-acute settings, our physiatrists provide a holistic approach to patient care.

### "Why wouldn't a SNF partner with IRC? Their physiatrists help to optimize LOS and hospital re-admission rates."

- Anthony Keough, Market Growth Lead at PatientPing

## "With IRC physicians as part of our team, we have increased our clinical capabilities, decreased patients' pain levels, and lowered the average length of stay dramatically by facilitating the restoration of function more quickly – all in an effort to return patients home.

- Ryan Fischer, Director Managed Care and Business Development Tutera Senior Living & Healthcare

# Why Skilled Nursing Facilities Choose Us

- **Exclusive dedication to rehabilitation** Our physicians' goals are to improve patient quality of life and everyday function.
- **Optimization of patient care** Our physiatrists consult with a facility's care team toward the best patient treatment plans.
- **Reduction in readmission rates** Our increased patient contact and care team coordination lowers a patient's chances of re-hospitalization.
- **Teamwork** Our physiatrists coordinate with facility care team members, including the medical director, primary care physician, nurses, physical therapists, occupational therapists and speech specialists.
- **Increased patient satisfaction** We provide more patient encounters so that we can quickly determine if a treatment plan needs to be revised or a patient is ready to go home.
- **Increased family satisfaction** We value family involvement and regularly meet with family members regarding their loved one's rehab process in addition to what they can expect after discharge.
- **Pain/opioid management** We manage and wean pain control medication to prepare patients for discharge.
- **Faster, safer discharge** With regularly scheduled patient visits, we ensure functional status is appropriate and monitor any barriers to discharge.
- **Reduction in patient falls** Our increased physician screenings means we are more likely to detect mobility issues and initiate fall prevention strategies.
- No overlap with medical care Our billing codes are completely separate from those of a facility's medical, psychological or therapy care and we can bill the same day as primary care without conflict.







